



14-Day protocol

Name:					Date:		
	Weekday, Date	Uncontrolled urination during the day	Nighttime Bedwetting/ Diaper/Nappy	Nighttime Bladder evacuation on the Toilet	Defacation	Stool smear	Faecal leakage
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							



The fourteen-day protocol

Dear Parents,

Do not be shocked Completing this very important calendar is easy:

- Every day, every time your child's underwear **gets wet or damp during the day**, put a simple mark. For example, if your child wets him or herself three times a day, put three marks
- In the same way, the **nights** of your child should be recorded. If you see several episodes of wetting at night, please note this just like this during the day. Maybe your child goes to the toilet at night or you wake him or her up? Just jot it down!
- Often, we see that children who wet themselves have a problem with bowel evacuation, too. Therefore, we ask you every time to make a mark in the "defecation" section when your child defecates in the toilet.
- By "**stool smearing**" what is meant is the depositing of a small amount, i.e. a streak of faeces, in the underwear. By "**faecal leakage**" we mean the depositing of a complete portion of the evacuation in the underwear. Please note both in the same way with simple marks.

This 14-day observation calendar should show the current problems of your child in an as uninfluenced a way as possible. Therefore please act as normally as possible in these days.